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Sophia L. Cahill

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Sophia Cahill is an associate in the Business Trial Practice Group in the firm's New York office. She is also a member of the Construction team.

Areas of Practice

Sophia has extensive experience in commercial litigation, with a concentration in construction-related claims in both the state and federal courts of New York and New Jersey. She advises owners, developers, construction managers, general contractors, subcontractors, and sureties during all phases of the development and construction process. Sophia regularly handles business disputes and matters involving breach of contract, delay damage, mechanic's lien, and construction defect claims. Sophia also represents healthcare organizations in connection with complex commercial disputes and regulatory requirements.

Sophia helped establish and co-leads Sheppard Mullin's Women in Construction Law Group and serves as a cochair of Sheppard Mullin's New York Women Lawyers Group.

Honors

Ones to Watch — Administrative / Regulatory Law and Construction Law, *Best Lawyers*, 2021-2024 Recommended Lawyer - Construction, *Legal 500*, 2022

Articles

 Women in Big Law: Progress, Challenges and the Road Ahead New York Law Journal, 03.08.2024

New York Commercial Division Round-Up Blog

- "Commercial Division to Adopt New Rule Requiring Interlineation of Responsive Pleadings," September 8, 2022
- "Albany Commercial Division Looks Beyond "First-In-Time" Analysis When Considering Dismissal Pursuant to CPLR § 3211(a)(4)," April 14, 2021

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Practices

Construction Distressed Real Estate Loan Workouts and Enforcement Litigation

Industries

Construction

Education

- J.D., Syracuse University, 2014, magna cum laude
- B.A., George Washington University, 2009, cum laude

Clerkships

Law clerk for the Honorable Peter A. Bogaard, J.S.C. of the Superior Court of New Jersey, Morris County from 2014-2015.

Admissions

New York New Jersey