SheppardMullin



Events

What You Thought You Already Knew About Nutrition and Exercise: Questioning Your Assumptions

Webinar 05.17.2023

Event Sponsor: Association of Corporate Counsel (ACC)

Wednesday, May 17, 2023

12:00 p.m. - 1:00 p.m. PT

Complimentary Program via Webinar

Click here to register.

*Webinar details will be sent upon registration. *

Join Scott Elliott, fitness expert, for an eye-opening exploration of common misperceptions about eating habits, dieting, and maintaining a workout schedule. Learn how taking small steps can have a substantial impact your health and wellness.

Speaker: **Scott Elliott**, *Fitness Expert*, Koolbody Moderator: **Elizabeth Balfour**, *Partner*, Sheppard Mullin

This program was prepared by Sheppard Mullin in partnership with the Association of Corporate Counsel, San Diego Chapter (ACC).

Questions? Please contact Shanae Wong via email.