

R. Benjamin (Ben) Parker

ASSOCIATE

ben.parker@stinson.com

Direct: 612.335.1846

Office: Minneapolis



Ben focuses his practice on labor and employment issues, and matters involving The Americans with Disabilities Act.

Prior to law school, Ben worked in human resources and labor relations in Fortune 50 companies in New York, California and London where he helped ensure compliance with U.S. and European regulations, created disability accommodation controls, managed the employee lifecycle, developed diversity, equity and inclusion strategies, assisted with labor arbitrations, conducted grievances and provided support for labor negotiations in the entertainment and hospitality industries.

Prior to joining the firm, Ben was a Stinson summer associate.

NEWS

Stinson Welcomes its Fall Associates Class of 2023

11.29.2023

PRACTICES & INDUSTRIES

Labor Relations

Labor, Employment & Benefits

ADMISSIONS

Minnesota

EDUCATION

University of Minnesota, J.D., *cum laude*, 2023

- *Minnesota Law Review*, Note & Comment Editor
- National Moot Court, Competition Team and Student Director

Cornell University, B.S., Industrial and Labor Relations, *with honors*, 2018

- Meinig Family Cornell National Scholar
- Meinig Family Excellence in Leadership Award

STINSON

STINSON LLP \ STINSON.COM