

## *Attorney at Work Magazine* Highlights Stinson's Well-Being Efforts During the Pandemic

In the News

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Stinson LLP has a long-standing commitment to well-being in the workplace. In an article published on November 10, Director of Well-Being Krista Larson [discusses some of the firm's unique initiatives during the pandemic](#), including support for parents and caregivers, racial trauma support, support for positive mental health, and others.

"When Stinson reopened its offices this September, the Well-Being Committee sought to support personnel navigating that transition," Larson said. "As the firm's Director of Well-Being, I presented on the science of resilience with practical, evidence-based strategies. The program framed transitions as a process comprised of three stages — a before, a during and an after — each requiring a unique type of resilience." Larson goes on to say, "With these efforts and others, Stinson has made intentional and innovative steps toward addressing the wide-ranging well-being challenges of this time."

Larson leads the implementation of Stinson's vision, strategy and programming to support the health and well-being of all constituents of the firm in alignment with the firm's values and its ABA Well-Being Pledge. She also partners with firm and executive leadership on well-being issues.