

Stinson Well-Being Focus Highlighted in *In Re KCMBA* Podcast

In the News

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Managing Partner Allison Murdock and Director of Well-Being Krista Larson spoke on a panel with other industry leaders in [In Re KCMBA's recent episode that addresses lawyer well-being](#). Highlighting the firm's well-being resources and the importance of taking a holistic approach to well-being, Murdock and Larson discussed the many resources that the firm has implemented to support well-being, such as the firm's Connectors and Champions resource, a network of Stinson attorneys and staff who are able and willing to speak with a colleague about their personal experiences with mental health and substance misuse challenges in a one-on-one setting.

In the podcast, Murdock explained that in order to successfully recruit and retain the next generation of lawyers, it is crucial to focus on well-being, work-life balance and soft skills in addition to professional development.

Murdock serves as the managing partner of the firm with ultimate responsibility for all aspects of the firm's operations and performance including development and implementation of the firm's strategic initiatives. Her focus is on leading and growing a client-focused and community-engaged firm. In addition to serving as the firm's managing partner, Murdock is a member of its executive committee and board of directors.

Larson leads the implementation of Stinson's vision, strategy and programming to support the health and well-being of all constituents of the firm in alignment with the firm's values and its ABA Well-Being Pledge. She also partners with firm and executive leadership on well-being issues.

CONTACT

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