

## Stinson Director of Well-Being Recognized by *Minnesota Lawyer* as Unsung Legal Hero

Press Release

07.28.2025

*Minnesota Lawyer* has recognized Stinson LLP Director of Well-Being Krista Larson as a 2025 Unsung Legal Hero Award.

The award honors law firm employees whose exceptional dedication and contributions have a significant impact on their firms and the legal profession.

As the firm's Director of Well-Being, Larson drives initiatives that support the resilience, peak performance, and holistic wellness of attorneys and staff, aligning well-being with the firm's dedication to exceptional client service. Her impact at the firm is far-reaching – boosting the workplace experience, increasing employee engagement and strengthening the firm's overall commitment to well-being. Larson brings calm, clarity and an evidence-based approach to every interaction and consistently models the values of a healthy and supportive workplace.

“Krista leads with empathy, insight and an unwavering commitment to the well-being of our people,” said Heidi Burton, Stinson's Chief Human Resources Officer. “She has transformed how we think about well-being at the firm – not as program but as a core part of our culture. Her impact is felt every day, in every office.”

Larson consistently identifies challenges that could affect employee well-being and develops effective solutions that benefit both individuals and the broader firm culture.

Sign in to *Minnesota Lawyer* [to read more](#).