

## Stinson's Well-Being Director Authors Column on Meaningful Connections for Women in Law Working in Hybrid Environments

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Stinson LLP Director of Well-Being [Krista Larson](#) authored "Professional Relationships and Advancement for Women in Law: High-Quality Connections in a Hybrid Workplace," for the winter 2024 issue of *With Equal Right*, the official journal of Minnesota Women Lawyers.

Larson explores how remote work is presenting both newfound flexibility and challenges for women attorneys. She shares insight on Stinson's permanent hybrid work schedule and explores the firm's strategies for fostering professional connections as the concept of "face time" undergoes a paradigm shift. Larson also highlights the firm's strategic initiatives aimed at fostering high-quality connections (HQCs), which she says aligns with the firm's broader goal of fostering diversity, equity and inclusion in the legal field.

"By integrating HQCs into organizational routines, roles and training, law firms and other legal organizations can create a more inclusive culture, providing women with the supportive networks necessary for career advancement," she writes. "As the legal profession adapts to the challenges of virtual collaboration, intentional efforts to cultivate positive interactions can prove instrumental in building a more resilient, inclusive, and thriving environment for women practitioners."

Larson leads the implementation of Stinson's vision, strategy and programming to support the health and well-being of all constituents of the firm in alignment with the firm's values and its American Bar Association Well-Being Pledge. She also partners with firm and executive leadership on well-being strategy and initiatives.

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[Read](#) the full column.

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